

**Manitoba *in motion***  
**Community Physical Activity Grants**  
**April 2008 – March 2009**

| <b>Community/Organization</b>                            | <b>Partners</b>  | <b>Project Description</b>   |
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| St. James-Assiniboia Senior Centre Inc.                  | <ul style="list-style-type: none"> <li>• St. James-Assiniboia Senior Centre</li> <li>• Westwood Community Church</li> <li>• Viscount Gort Hotel</li> <li>• Senior Health Resource Team – WRHA</li> <li>• Manitoba <i>in motion</i></li> <li>• Meals on Wheels-Winnipeg</li> <li>• Manitoba Housing-Tenants</li> <li>• Winnipeg Transit</li> </ul>  | Develop and deliver <i>Memorable Mondays</i> . <i>Memorable Mondays</i> will reach out to isolated seniors and encourage them to participate in physical activity. This initiative will focus on reducing the risk of falls through a variety of activities. |
| Grassroots, Pinawa Early Childhood Development Committee | <ul style="list-style-type: none"> <li>• Grassroots, Pinawa Early Childhood Development Committee</li> <li>• Pinawa Toy Library</li> <li>• Pinawa Cooperative Nursery School</li> <li>• F.W. Gilbert School</li> </ul>   | Add to the Pinawa Toy Library items that will promote physical activity. Items in the Toy Library will be available and on loan to community members.  |
| South Assiniboine Coalition                              | <ul style="list-style-type: none"> <li>• South Assiniboine Coalition</li> <li>• Prairie West Recreation District</li> <li>• Antler River Recreation District</li> <li>• Killarney Recreation District</li> <li>• Souris Valley Recreation</li> <li>• Southwest Horizon School Division</li> <li>• Fort la Bosse School Division</li> <li>• Prairie Spirit School Division</li> <li>• Turtle Mountain School Division</li> <li>• Child &amp; Family Services of Western Manitoba, Family Services and Housing</li> <li>• Assiniboine Regional Health Authority</li> </ul> | Expand to 4 more communities the <i>Shake, Rattle and Roll Program</i> - a gym program for toddlers and parents that encourages physical activity.   |

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| Midwest Recreation District                  | <ul style="list-style-type: none"> <li>• Midwest Recreation District</li> <li>• Town of Hamiota</li> <li>• RM of Hamiota</li> <li>• RM of Miniota</li> <li>• RM of Woodworth</li> <li>• RM of Blanshard, Assiniboine Regional Health Authority Chronic Disease Prevention Coordinator</li> <li>• 5 schools and 3 seniors service coordinators</li> </ul>  | Funding will be used to certify 3 local fitness instructors within the Midwest District building capacity at the community level.  |
| Selkirk Chronic Disease Prevention Committee | <ul style="list-style-type: none"> <li>• Selkirk Chronic Disease Prevention Committee</li> <li>• Growing Years</li> <li>• Selkirk Friendship Centre Daycare</li> <li>• Public Health</li> <li>• Daily Bread Soup Kitchen</li> <li>• Selkirk Food Bank</li> <li>• Lord Selkirk School Division</li> <li>• City of Selkirk</li> <li>• Gordon Howard Seniors Centre</li> <li>• Path Program for Youth</li> <li>• Lighthouse Project</li> <li>• Bridges Program for youth with Learning Barriers</li> </ul> | Develop an after school physical activity component for the <i>Kidfit</i> program which is available to children ages 5 to 10 and purchase necessary equipment.  |
| Lorne Recreation District                    | <ul style="list-style-type: none"> <li>• Lorne Recreation District</li> <li>• Community schools</li> <li>• RM of Lorne</li> <li>• Village of Somerset</li> <li>• Village of Notre Dame</li> <li>• Lorne Family Resource Connections</li> <li>• Lorne Community Support Service</li> </ul>   | Develop a physical activity game, <i>Fitness Feud</i> , to increase physical activity levels among youth in the community.   |
| Spence Lake Recreation Committee             | <ul style="list-style-type: none"> <li>• Spence Lake Community Council</li> <li>• Spence Lake Recreation Committee</li> <li>• Spence Lake Métis Local</li> <li>• Benyks Point Cottage Subdivision</li> <li>• Woods Creek Cottage Subdivision</li> </ul>   | Develop a community wellness initiative that will promote health and wellness through outdoor fun, social interaction, and making healthy lifestyle choices. Includes a pedal bike program and a natural healing workshop. |

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| Ste. Geneviève Community Centre Inc. Executive committee | <ul style="list-style-type: none"> <li>• Ste. Geneviève Community Centre Inc.</li> <li>• Ross Community Centre Executive Committee</li> <li>• Comite Culturel de Ste.-Geneviève</li> </ul>   | Offer a variety of exercise/fitness activities for the community. Provide support for community member to be certified as a fitness instructor in the community.            |
| River Elm School   | <ul style="list-style-type: none"> <li>• River Elm School</li> <li>• YMCA</li> <li>• Youth for Christ</li> <li>• East Elmwood Community Centre</li> <li>• Elmwood Community Resource Centre</li> <li>• The Running Room and the Walking Room</li> <li>• Seven Oaks Wellness Centre</li> <li>• Christian Family Centre</li> </ul>   | Host a variety of physical activity opportunities for community members. Activities will be free of charge and held at the local community school gym.                      |
| Niverville Association for Healthy and Active Living     | <ul style="list-style-type: none"> <li>• Niverville Association for Healthy and Active Living</li> <li>• Niverville Elementary School</li> <li>• Town of Niverville</li> <li>• Niverville Credit Union</li> <li>• Manor/Heritage Centre</li> <li>• Niverville Curling Club</li> </ul>  | Promote winter activities to community and motivate families to get active. Hold a 1-month <i>Family Fitness Challenge</i> , where families keep track of their activities. |
| 875 Elizabeth Resident Tenant Advisory Committee         | <ul style="list-style-type: none"> <li>• St. Boniface College</li> <li>• Winnipeg <i>in motion</i></li> <li>• 875 Elizabeth Tenant Advisory Committee</li> <li>• Centre de Santé St. Boniface Health Centre</li> <li>• Winakwa Community Centre</li> <li>• Manitoba Family Services and Housing</li> <li>• Manitoba Fitness Council</li> <li>• City of Winnipeg</li> </ul> | Deliver in-house exercise classes for seniors and purchase necessary equipment.   |

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| Healthy Child Coalition-Central Region | <ul style="list-style-type: none"> <li>• Healthy Child Coalition Central Region</li> <li>• Petits Choux Day Care</li> <li>• Child and Family Services of Central Manitoba</li> <li>• Prairie Spirit School Division</li> <li>• CFAN</li> <li>• Altona &amp; Area Family Resource Centre</li> <li>• Central Regional Health Authority</li> <li>• Community Service Delivery Rural &amp; Northern Services</li> <li>• MB Agriculture, Food and Rural Initiatives</li> <li>• White Plain Recreation District</li> <li>• Healthy Child Manitoba</li> </ul> | Develop a resource package to assist community organizations to initiate, plan and deliver community events promoting physical activity. |
| Osteoporosis Canada, Manitoba Chapter  | <ul style="list-style-type: none"> <li>• Winnipeg Regional Health Authority Primary Health Care Office – Fort Garry and River Heights</li> <li>• Access River East</li> <li>• Access Transcona</li> <li>• Youville Centre</li> <li>• Ten Ten Sinclair Housing Inc.</li> <li>• Cutting Edge</li> <li>• Hunter Physiotherapy</li> <li>• Osteoporosis Canada, Manitoba Chapter</li> </ul>   | Add a walking component to the <i>Breakthrough</i> program and use pedometers to track participants' steps.                              |
| White Plain Recreation District        | <ul style="list-style-type: none"> <li>• White Plain Recreation District</li> <li>• Central Regional Health Authority</li> <li>• Red River Valley School Division</li> <li>• J.A. Cuddy Elementary School</li> <li>• Community Volunteers</li> <li>• Macdonald Services to Seniors</li> <li>• Macdonald Healthy Child</li> <li>• Family Physiotherapy Clinic</li> </ul>  | Develop a mapping system for each community within the Rural Municipality of Macdonald that promotes routes for walking and cycling.     |

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| Kelsey Community School                            | <ul style="list-style-type: none"> <li>• Kelsey Community School</li> <li>• Kelsey School Division</li> <li>• The Pas Action Center Inc.</li> <li>• Family Resource Center</li> <li>• Community <i>in motion</i></li> <li>• The Pas Friendship Center</li> <li>• Kelsey Recreation Commission</li> </ul>  | Expand on existing community initiative, <i>Community Night</i> , by adding more physical activity programs that will be open to the whole community at no cost and purchase necessary equipment. |
| Active Living Coalition for Older Adults, Manitoba | <ul style="list-style-type: none"> <li>• Active Living Coalition for Older Adults, Manitoba</li> <li>• Manitoba Fitness Council</li> <li>• Seven Oaks Wellness Institute</li> <li>• Manitoba Society of Seniors</li> <li>• Centre on Aging – University of Manitoba</li> </ul>  | Develop a tool kit for partner organizations and communities that will assist them in delivering events during <i>Seniors &amp; Elders Month</i> .  |
| Tiger Hills Recreation District                    | <ul style="list-style-type: none"> <li>• Tiger Hills Recreation District</li> <li>• Treherne &amp; Area Chronic Disease Prevention Initiative</li> <li>• Tiger Hills <i>in motion</i></li> <li>• Treherne Collegiate</li> <li>• Treherne Elementary</li> <li>• Holland Elementary</li> <li>• Tiger Hills Health Center</li> <li>• Assiniboine Regional Health Authority</li> <li>• Treherne Collegiate Student Council</li> </ul> | Offer a 1-day wellness event that provides information and activities to promote ways in which youth can improve their health, nutrition and fitness.   |
| Cartwright Community Center                        | <ul style="list-style-type: none"> <li>• Cartwright Community Center</li> <li>• Roblin Cartwright CDC</li> <li>• Village of Cartwright</li> <li>• RM of Roblin</li> <li>• Arena Fire Rebuild Project</li> <li>• Senior Services of Roblin Cartwright</li> <li>• Cartwright School</li> <li>• Parent Advisory Council</li> <li>• Advisor – Physical Trainer</li> </ul>   | Expand physical activity opportunities in the community at the community centre and purchase necessary equipment.   |

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| Brokenhead River Recreation Commission      | <ul style="list-style-type: none"> <li>• Brokenhead River Recreation Commission</li> <li>• Sun Gro Centre</li> <li>• Beausejour Early Years School</li> <li>• Edward Schreyer School</li> <li>• Town of Beausejour Community Services Department</li> </ul>  | Offer open gym physical activities for youth with local Junior A hockey team players providing mentorship.  |
| Flin Flon Primary Health Care Centre        | <ul style="list-style-type: none"> <li>• Community Health Developer</li> <li>• Community Speech Language Pathologist</li> <li>• Nursery School Director</li> <li>• Early Childhood Educators</li> <li>• City of Flin Flon Recreation</li> <li>• Community member/parent</li> <li>• Aboriginal Headstart Program</li> <li>• Primary Health Care Centre</li> <li>• Yoga instructor</li> </ul>  | Train facilitator to provide instruction and support to early childhood educators to expand yoga for kids program.  |
| St. James-Assiniboia Parent Child Coalition | <ul style="list-style-type: none"> <li>• Winnipeg Regional Health Authority</li> <li>• St. James-Assiniboia School Division</li> <li>• St. James-Assiniboia Parent Child Coalition</li> <li>• Discovery Childcare Centre</li> <li>• St. James-Assiniboia Coalition</li> <li>• St. James-Assiniboia Childcare Directors</li> <li>• City of Winnipeg</li> <li>• Military Family Resource Centre</li> <li>• Heritage Childcare Centre/Family Resource Centre</li> <li>• YMCA/YWCA</li> <li>• Day care centres in St. James-Assiniboia</li> <li>• community members</li> </ul> | Implement "Tech Free Tuesdays" to encourage pre-school children to get active and develop "Play Along", a physical activity program for children and parents. |

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| Fort Garry/St. Norbert Healthy Child Coalition | <ul style="list-style-type: none"> <li>• Winnipeg Regional Health Authority</li> <li>• South Winnipeg Family Information Centre</li> <li>• Pembina Trails School Division</li> <li>• Family Services and Housing</li> <li>• Neighborhood Immigrant Settlement Worker</li> <li>• Fort Garry Community Network</li> <li>• Bookmates</li> <li>• Fort Garry/ St. Norbert Healthy Child Coalition</li> <li>• Cairns Children Centre</li> </ul>   | Offer a free program called Wiggle, Giggle, and Munch, that provides families with young children hands-on activity information about physical activity and healthy eating. |
| Burrows Central Residents Council              | <ul style="list-style-type: none"> <li>• Burrows Central Residents Council</li> <li>• Graffiti Programming Inc.</li> <li>• North West Commuter Cyclists</li> <li>• Indian and Métis Friendship Centre</li> <li>• Winnipeg <i>in motion</i></li> <li>• Urban Youth Adventures</li> </ul>   | Offer break-dancing, biking and bike maintenance, cheerleading, skateboarding for youth and dancing for seniors.  |
| Cranberry Portage <i>in motion</i> Committee   | <ul style="list-style-type: none"> <li>• Cranberry Portage <i>in motion</i> Committee</li> <li>• Norman Regional Health Authority</li> <li>• Child/Family Resource Centre</li> <li>• Town Council</li> <li>• Frontier School Division</li> </ul>  | Expand physical activities for youth, families and seniors.   |
| Conseil des Francophones 55+                   | <ul style="list-style-type: none"> <li>• Conseil des Francophones 55+</li> <li>• Centre de sante Saint Boniface Health Centre</li> <li>• Fédération des ainés franco-manitobains</li> <li>• Club Éclipses</li> <li>• Chevalier de Colomb de Saint-Boniface</li> <li>• Collège Louis-Riel</li> <li>• Société Franco-manitobaine</li> <li>• City of Winnipeg</li> <li>• Festival du Voyageur</li> <li>• Centre communautaire Notre-Dame</li> <li>• Directeurat des activités sportives du Manitoba</li> </ul> | Organize a one-day jamboree/health fair for francophone seniors in Winnipeg which will include physical and wellness activities in the community.                           |

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| Altona Chronic Disease Prevention Initiative Committee | <ul style="list-style-type: none"> <li>• Altona and Area Family Resource Centre</li> <li>• Altona Chronic Disease Prevention Initiative Committee</li> <li>• Town of Altona</li> <li>• Rhineland Interagency Team Education-Border Land School Division</li> <li>• Public Health</li> <li>• Families First</li> <li>• Altona and Area Family Resource Group Inc.</li> <li>• Gretna School</li> <li>• Rosenfeld School</li> <li>• Elmwood School</li> <li>• Parkside Jr. High</li> <li>• W.C. Miller Collegiate</li> </ul> | Enhance 1) <b>Family Fun Gym Nights</b> that provide free access to local facilities during winter for preschoolers and their parents; and 2) <b>Youth Active All.</b> that offers low organized games/activities targeted at junior high students. |
| Cormorant <i>in motion</i> Committee                   | <ul style="list-style-type: none"> <li>• Cormorant <i>in motion</i> Committee</li> <li>• Community Health Developer</li> <li>• Community Speech Language Pathologist</li> <li>• Nursery School Director</li> <li>• Early Childhood Educator</li> <li>• City of Flin Flon Recreation</li> <li>• Community Member/Parent</li> <li>• Aboriginal Headstart Program</li> <li>• Yoga Instructor</li> </ul>  | Encourage community to become more physical active by support training train-the-trainer instructor training for activities such as yoga, hip hop and clogging and cross-country skiing.  |
| Centres de sante communautaires francophones           | <ul style="list-style-type: none"> <li>• Mental Health Promotion/Illness Prevention de South Eastman Health Inc./Santé Sud-Est Inc.</li> </ul>  | Offer a series of activities and information sessions to a few francophone rural villages. Many of the activities will be targeting males.  |

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| Club de Tennis communautaire                   | <ul style="list-style-type: none"> <li>• Club de Tennis communautaire</li> <li>• Comité scolaire École Real Bérard</li> <li>• CDC Chaboillé</li> <li>• Commission récréative de sports</li> </ul>  | Encourage community members to use the new tennis and basketball courts by conducting workshops and lending tennis rackets and balls and basketballs.   |
| Healthy Brandon <i>in motion</i>               | <ul style="list-style-type: none"> <li>• City of Brandon</li> <li>• Brandon Regional Health Authority</li> <li>• Brandon Citizen</li> <li>• Brandon University</li> <li>• A&amp;L Get Active</li> <li>• Perpetual Motion</li> <li>• Heart and Stroke Foundation</li> <li>• Healthy Brandon <i>in motion</i></li> </ul>         | Organize a one-day walking challenge with Brantford, ON. Encouraging citizens to do 30 minutes of physical activity. Several planned walks will occur throughout the community and in workplaces to gain the "Walking Capital of Canada" title. |
| Pikwitonei Community Council                   | <ul style="list-style-type: none"> <li>• Pikwitonei Community Council</li> <li>• Community Health Centre</li> <li>• Pikwitonei School</li> </ul>   | Offer indoor and outdoor physical activities.   |
| Arborg Bifrost Parks and Recreation Commission | <ul style="list-style-type: none"> <li>• Arborg Bifrost Parks and Recreation Commission</li> <li>• Arborg Collegiate</li> <li>• Arborg Chronic Disease Prevention Initiative</li> <li>• Arborg Early Middle Years School</li> <li>• Morweena Christian School</li> </ul>   | Develop and implement a physical activity program for youth by youth.   |
| Manitoba Schizophrenia Society                 | <ul style="list-style-type: none"> <li>• Manitoba Schizophrenia Society</li> <li>• Norman Regional Health Authority</li> </ul>   | Offer the "Name that Feeling" physical activity program.  |
| Marcel Colomb First Nation                     | <ul style="list-style-type: none"> <li>• Marcel Columb First Nation</li> <li>• Health Director</li> <li>• Aboriginal Diabetes Coordinator</li> <li>• National Alcohol &amp; Drug Addictions Coordinator</li> <li>• Education and Training Counselors</li> <li>• Chief</li> <li>• Marcel Columb First Nation members</li> </ul> | Introduce group sports and activities, a walking club, and information sessions that focus on healthy lifestyles.   |

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| Parkview Lodge                            | <ul style="list-style-type: none"> <li>• Parkview Lodge Residents Association</li> <li>• City of Dauphin Councilor</li> <li>• Parkland Regional Health Authority</li> <li>• RM of Dauphin</li> </ul>   | To offer physical activities for senior residents providing equipment and instruction.   |
| Ste. Rose Recreation                      | <ul style="list-style-type: none"> <li>• Ste. Rose Jolly Club</li> <li>• Ste. Rose Fitness Club</li> <li>• Ste. Rose School</li> <li>• Ste. Rose Library</li> <li>• Ste. Rose Youth Outreach</li> <li>• Ste. Rose Kinsmen</li> <li>• Ste. Rose Recreation</li> <li>• Ste. Rose Handi-Van</li> <li>• Knights of Columbus</li> <li>• Parkland Horseman's Association</li> <li>• Dr. Gendreau Personal Care Home</li> <li>• Charlie Brown Day Care</li> <li>• Hoof 'n' Holler Committee</li> <li>• East Parkland Medical Group</li> <li>• École Laurier</li> <li>• École Jours de Plaine</li> <li>• Resource Council for Seniors</li> </ul> | Introduce tennis as a lifetime physical activity providing instruction and lending equipment.  |
| Norman Regional Health Authority/Homecare | <ul style="list-style-type: none"> <li>• <i>in motion</i> The Pas</li> <li>• OCN and surrounding area</li> <li>• Golden Agers</li> <li>• Norman Regional Health Authority</li> <li>• Snow Lake Seniors Centre</li> </ul>   | Enhance seniors' activities in Flin Flon, Snow Lake, and The Pas   |
| Red Road Lodge                            | <ul style="list-style-type: none"> <li>• Red Road Lodge</li> <li>• The Edge Gallery</li> <li>• The Red Road Lodge</li> <li>• PanAm Boxing Club</li> <li>• The Bike Dump</li> <li>• Moksha Yoga Winnipeg</li> <li>• Winnipeg Contemporary Dancers</li> </ul>  | Offer physical activity workshops for people who are transitioning from homelessness, addictions, and who may also suffer from mental illness. |

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| Assiniboine South Health & Social Services Centre | <ul style="list-style-type: none"> <li>• Assiniboine South Health &amp; Social Services Centre</li> <li>• Fort Garry Senior Resource Council</li> <li>• DMP Enterprises Training Solutions</li> <li>• Winnipeg Regional Health Authority</li> <li>• Winnipeg <i>in motion</i></li> <li>• Community Member</li> <li>• Pembina Trails School Division</li> <li>• Naturalist Services Branch-City of Winnipeg</li> <li>• Charleswood Senior Centre</li> <li>• Constituency offices</li> </ul> | Expose seniors to various types of physical activity and the benefits of health and wellness through weekly sessions including a pedometer-based walking program. |
| Les Toupies Inc.                                  | <ul style="list-style-type: none"> <li>• Les Toupies Inc.</li> <li>• Ecole Noel Ritchot</li> <li>• Division scolaire franco-manitobaine</li> <li>• Réseau communautaire</li> <li>• Coalition de la petite enfance francophone du Manitoba</li> </ul>   | Offer outdoor physical activities to young families in the community.   |
| Sapotaweyak Health Authority                      | <ul style="list-style-type: none"> <li>• Sapotaweyak Health Authority</li> <li>• Chief and Council</li> <li>• Youth Committee</li> <li>• Home Care/Disability</li> <li>• Women's Group</li> <li>• Men's Cultural</li> <li>• Pow wow Committee</li> <li>• Pelican Rapids School</li> <li>• School-age/preschool</li> <li>• Spiritual Group</li> </ul>   | Equip a community fitness centre that will be open to all community members.  |
| Headingley Grand Trunk Trail                      | <ul style="list-style-type: none"> <li>• Headingley Grand Trunk Trail</li> <li>• RM of Headingley</li> <li>• White Plains Recreation Association</li> <li>• Phoenix Recreation Association</li> <li>• Headingley Chamber of Commerce</li> </ul>  | Provide wellness signage and promote usage of the Grand Trunk Trail.  |

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| Riverton & District Friendship Centre | <ul style="list-style-type: none"> <li>• Riverton &amp; District Friendship Centre</li> <li>• Manitoba Métis Federation-Riverton Local</li> <li>• Riverton Native Ministers-Fellowship Circle</li> <li>• Riverton Recreation Commission</li> <li>• Arborg - Riverton CDPI</li> <li>• Riverton Collegiate</li> <li>• New Horizons Seniors Club</li> <li>• Riverton Early Middle Years School</li> </ul>      | Offer dance for youth and fitness classes and chair fitness for seniors   |
| PanAm Boxing Club                     | <ul style="list-style-type: none"> <li>• Pan Am Boxing Club</li> <li>• Kelvin High School</li> <li>• St. John's High School</li> <li>• Sisler High School</li> <li>• River Heights School</li> <li>• David Livingston School</li> <li>• Dakota Collegiate</li> <li>• Glen Johnson School</li> </ul>   | Provide youth with an extracurricular program that contributes to a healthy lifestyle and helps them achieve their out-of-school Grade 11 & 12 physical education requirements. |
| Moose Lake                            | <ul style="list-style-type: none"> <li>• Moose Lake Community</li> <li>• RCMP detachment</li> <li>• Red Martin School</li> </ul>  | Increase physical health and well-being of citizens through greater access to gym and ice rink resources and the promotion of the benefits of physical activity                 |
| Matheson Island Community Council     | <ul style="list-style-type: none"> <li>• Matheson Island Community Council</li> <li>• Matheson Island Recreation Committee</li> <li>• Matheson Island School Committee</li> </ul>   | Encourage increased use of the local ice rink and gymnasium for physical activity.  |
| The Health Corner (St. Pierre Jolys)  | <ul style="list-style-type: none"> <li>• The Health Corner</li> <li>• Rat River Health council</li> <li>• Rat River Recreation Commission</li> <li>• St. Pierre Collegiate</li> <li>• Physique Plus Fitness</li> <li>• Reseau Communautaire</li> <li>• St. Pierre Chiropractic</li> <li>• Massage Therapist/Fitness Trainer</li> <li>• Centre de Sante-Ste. Agathe</li> <li>• fitness Instructor</li> </ul> | Engaging inactive groups of people, providing them with new or expanded opportunities for active living.  |

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| Burrows Central Residents Council     | <ul style="list-style-type: none"> <li>• Burrows Central Residents Council</li> <li>• Chronic Disease Prevention Initiative</li> <li>• City of Winnipeg</li> <li>• Indian and Métis Friendship Centre</li> <li>• Winnipeg <i>in motion</i></li> </ul>   | Deliver winter “disorganized sports” for youth.  |
| Military Family Resource Centre       | <ul style="list-style-type: none"> <li>• Military Family Resource Centre</li> <li>• 17 Wing Recreation Centre</li> <li>• St. James-Assiniboia Parent Child Coalition</li> </ul>   | Offer the “Let’s Go” gym and movement program to local families with pre-school children.  |
| Recreation Connections Manitoba       | <ul style="list-style-type: none"> <li>• Recreation Connections Manitoba</li> <li>• Numerous recreation practitioners, health promoters and educators</li> </ul>  | Include a healthy living and active lifestyles focus in the 2009 conference <i>Recreation... People, Places, Parks, Play</i> conference. |
| Brandon Seniors for Seniors Co-op Inc | <ul style="list-style-type: none"> <li>• Brandon RHA,</li> <li>• Manitoba Seniors and Healthy Aging Secretariat</li> <li>• Veterans Affairs</li> <li>• Friendship Centre</li> <li>• Manitoba Red Cross</li> <li>• Westman Prostate Support Group</li> <li>• Westman Stroke Support Group</li> <li>• Icelandic Club</li> </ul> | Offer yoga instruction and access to the activity programs as requested by members.  |
| Rock Ridge Community Council          | <ul style="list-style-type: none"> <li>• Rock Ridge Community Council</li> <li>• Rock Ridge Youth Committee</li> <li>• Skownon First Nation</li> <li>• Community Health Worker</li> </ul>   | Offer indoor and outdoor physical activity opportunities in winter.  |
| Crane River Recreation Committee      | <ul style="list-style-type: none"> <li>• Crane River Recreation Committee</li> <li>• Crane River Community Council</li> <li>• Lakefront School</li> <li>• O-Chi-Chak Kosipi First Nation</li> </ul>   | Offer indoor and outdoor physical activity opportunities in winter.  |
| Berens River                          | <ul style="list-style-type: none"> <li>• Berens River First Nation</li> <li>• Sports for all Kids</li> </ul>  | Offer weekly broomball and other activities for youth, families and adults.  |

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| Resource Conservation Manitoba | <ul style="list-style-type: none"> <li>• University of Winnipeg, Kinesiology and Applied Health</li> <li>• WRHA / Winnipeg in motion</li> <li>• Public Health Agency of Canada</li> <li>• Canadian Physiotherapy Association-Manitoba Branch</li> <li>• Heart and Stroke Foundation of Manitoba</li> <li>• Rady Jewish Community Centre</li> <li>• Health in Common</li> <li>• Resource Conservation Manitoba</li> </ul> | Offer a workshop on social marketing to increase the effectiveness of active transportation practitioners. |
| Manitoba Marathon Foundation   | <ul style="list-style-type: none"> <li>• Manitoba Marathon Foundation</li> <li>• Stride Ahead Store</li> <li>• Winnipeg Parks and Recreation</li> </ul>  | Develop a new on-line walking program and host monthly walks to encourage more people to get active.       |
| Hindu Society of Manitoba      | <ul style="list-style-type: none"> <li>• Tamil Society</li> <li>• Bengali Society</li> <li>• Gujarati Society</li> <li>• Jain Society</li> <li>• Manohar School of Dance</li> </ul>  | Purchase equipment for newly constructed community gym.  |
| Pinaymootang First Nation      | <ul style="list-style-type: none"> <li>• Pinaymootang School</li> <li>• Daycare</li> <li>• Home &amp; Community Care Program</li> <li>• Elders Committee Group Pinaymootang FN Health Programming</li> <li>• Pinaymootang First Nation Community Health</li> </ul>   | Raise awareness of healthy lifestyle practices and develop physical activity programs.                     |